





JANUARY 2024 MENU
(Milk is served with each AM Snack and Lunch)

| MONDAY | Tuesday | Wednesday | Thursday | Friday |
|---|--|---|---|---|
| CENTER CLOSED 1  | 2 Center Closed for Staff Development  | 3 AM Oatmeal Lunch Spaghetti/Meat Sauce Salad/Wheat Roll/Oranges PM Goldfish/Milk | 4 AM Bananas Lunch Red Beans/Rice Salad/Cornbread/Apples PM Yogurt/Cheerios | 5 AM Cereal Lunch Chicken/Rice/Lima Beans Wheat Roll/Pineapple PM Graham Crackers/Juice |
| 8 AM Grits Lunch Chicken Sandwich/Let/Tom/Pic Pea & Carrot mix/Pears PM Wheat or MG Crackers/Cheese | 9 AM Wheat Biscuits Lunch Lasagna/Corn /Salad/ Peaches PM Vanilla Wafers/Milk | 10 AM Oatmeal Lunch Jambalaya/Green Beans Wheat Roll/Oranges PM Goldfish/Juice | 11 AM Bananas Lunch White Beans/Brown Rice Carrots/Cornbread/Apples PM Oranges/Milk | 12 AM Cereal Lunch Breakfast for Lunch TBA PM Graham Crackers/Milk |
| 15 CENTER CLOSED In honor of Martin L. King Jr. Day  | 16 AM Wheat Biscuits Lunch Soft Tacos/Let/Cheese/Salsa Pinto Beans/Peaches PM Vanilla Wafers/Milk | 17 AM Oatmeal Lunch Chicken Marinara w/ Pasta Broccoli/ Wheat Roll/Oranges PM Goldfish/Milk | 18 AM Bananas Lunch Red Beans/Rice Salad/Cornbread/Apples PM Yogurt/Cheerios | 19 AM Cereal Lunch Pepperoni Pizza/Salad Pineapple PM Graham Crackers/Juice |
| 22 AM Grits Lunch Hamburger/Let/Tom/Pic French Fries/Pears PM Wheat or MG Crackers/Cheese | 23 AM Wheat Biscuits Lunch Chicken Nuggets/Mashed Potatoes/Green Beans/Peaches PM Vanilla Wafers/Milk | 24 AM Oatmeal Lunch Spaghetti/Meat Sauce Salad/Wheat Roll/Oranges PM Goldfish/Juice | 25 AM Bananas Lunch White Beans/Brown Rice Carrots/Cornbread/Apples PM Oranges/Milk | 26 AM Cereal Lunch Chicken/Rice/Lima Beans Wheat Roll/Pineapple PM Graham Cracker/Milk |
| 29 AM Grits Lunch Chicken Sandwich/Let/Tom/Pic Pea & Carrot mix/Pears PM Wheat or MG Crackers/Cheese | 30 AM Wheat Biscuits Lunch Lasagna/Corn /Salad/Roll Peaches PM Vanilla Wafers/Milk | 31 AM Oatmeal Lunch Jambalaya/Green Beans/ Wheat Roll/Oranges PM Goldfish/Milk |  | Toddler Substitutions Salad – Green beans Apples – Applesauce Oranges – Mandarin slices |