

Routines in a Book

Primary Objectives

12b. Makes connections

Why It's Important

In order to make sense out of the world around her, your child relies heavily on the predictability of the routines in her life. Your child will gain confidence when she is able to remember the sequence of activities and repeat them.

Materials

Book: *Olivia* by Ian Falconer

What You Do

1. Choose a quiet area in which to read *Olivia* with your child. Invite her to read the book with you.
2. As you read, ask your child about some of Olivia's activities, and determine whether or not she does them as well: *I see that Olivia is brushing her teeth. When do you brush your teeth?*
3. Go through each page, noting which routines in the book are also part of your child's day. Does she go to the beach when it's sunny? Does she take a bath before dinner?
4. Allow your child to tell you about other parts of her daily routine, especially tasks that are completed both at home and at school such as cleanup, reading time, and outdoor play.
5. Because your child's daily routines may change from time to time, keep the book available for her to look at when she chooses. Allow her to determine how her day is more or less like Olivia's.