

# Helping Hands

## Primary Objectives

1b. Follows limits and expectations

## Why It's Important

Performing simple household "jobs" allows your child to take responsibility for the care of things in her environment. Your child will enjoy being entrusted with important tasks and take great pride in these simple accomplishments.

## Materials

None

## What You Do

1. Look for opportunities throughout the day to include your child in a variety of household responsibilities.
2. Create many small jobs, giving your child an opportunity to complete each one. For example, when it is time to water the plants, invite her to turn on the water, fill the watering can, and water the plants by herself.
3. If your child encounters a problem while performing a task (such as water overflowing in the watering can), observe what she does to solve it.
4. Encourage your child to work independently. Assign her jobs that she can accomplish entirely or with very little assistance, such as setting the table or putting her toys away.