

We Walk Slowly

Primary Objectives

1b. Follows limits and expectations

Why It's Important

Your child will learn to follow daily routines when they are modeled by family members. Talking to her about the rule or routine while modeling it will help her associate the verbal direction with the action.

Materials

None

What You Do

1. When your child needs a reminder about a rule or routine, sing the following song (to the tune of "If You're Happy and You Know It") as you model the appropriate behavior: *We walk slowly in the kitchen, yes we do. We walk slowly in the kitchen, yes we do. We walk slowly in the kitchen, we walk slowly in the kitchen, we walk slowly in the kitchen, yes we do.*
2. Encourage your child to copy your behavior(s) and sing along with you. *We put all our toys away before we leave....*
3. Sing only the specific rule that requires your child's attention at that time. Make up other verses as needed.
4. Provide encouragement to your child. *You are being safe and walking slowly inside.*