

“All About Me” Books

Primary Objectives

- 9d. Tells about another time or place
- 12a. Recognizes and recalls

Why It’s Important

Engaging your child in book-related activities encourages literacy development. Even before she can read, your child may enjoy creating books and pretending to read them. Making books about herself gives your child an opportunity to think about what makes her unique and highlight important events in her life.

Materials

White paper; colored construction paper; markers or crayons; stapler or hole punch and yarn; photographs of your child (photos with friends or relatives, pictures from a family trip or special event, etc.)

What You Do

1. Invite your child to look at the photos and talk about what she sees. Encourage her to identify the people, activity, place, or event.
2. Explain that she will be making a book about herself. Working together, make a blank book with 2–4 pieces of white paper folded inside a piece of construction paper.
3. Bind the book with staples along the fold, or with a hole punch and yarn.
4. Ask your child to choose which pictures she wants to include in the book. Allow her to glue the photos into the book where she chooses.
5. After the pictures are glued in the book, prompt your child to describe them. *What were you doing that day? Who was with us at the zoo?*
6. Write her words under the pictures in the book.
7. Invite your child to look at the book with you as you read her words back to her. This page says, *“I went to see the parade with my Nana. My ice cream dripped on my shirt.”*
8. Encourage her to make books about subjects that interest her (e.g., dinosaurs, garbage trucks, baby animals, etc.). Take pictures for her to use, or suggest that she add her own illustrations to the book.