

Others Have Feelings, Too

Primary Objectives

2b. Responds to emotional cues

18a. Interacts during reading experiences, book conversations, and text reflections

Why It's Important

Sharing books with your child that depict other children reacting to familiar situations will help her develop an understanding that others have feelings that are separate from her own.

Materials

Books with children experiencing a variety of emotions

What You Do

1. Find a comfortable place to sit with your child next to you or in your lap.
2. Show your child the cover of the book. Briefly describe what the book is about. *This book is about someone who misses her mommy.*
3. Read the book with your child. Ask her questions about the characters' feelings. *Why do you think she is sad?*
4. Ask additional questions that help your child relate to the story. *What do you do when you feel sad?*
5. Ask simple questions to engage her in the story. *Where is Sophie?* Then ask some complex questions to stretch her thinking, even if she can't answer them fully. *Why do you think she feels that way?*
6. Pay attention to your child's reactions to the various pictures in the book and to the storyline.
7. When you are finished, place the book where your child can look at it on her own at a later time.